



**1 in 4  
children  
are  
affected  
by someone's  
drinking.  
You are  
not alone.  
Alateen  
can help.**



Al-Anon Family Groups  
Help and hope for families and friends of alcoholics

**1-888-4AL-ANON • [al-anon.org/teen-info](http://al-anon.org/teen-info)**